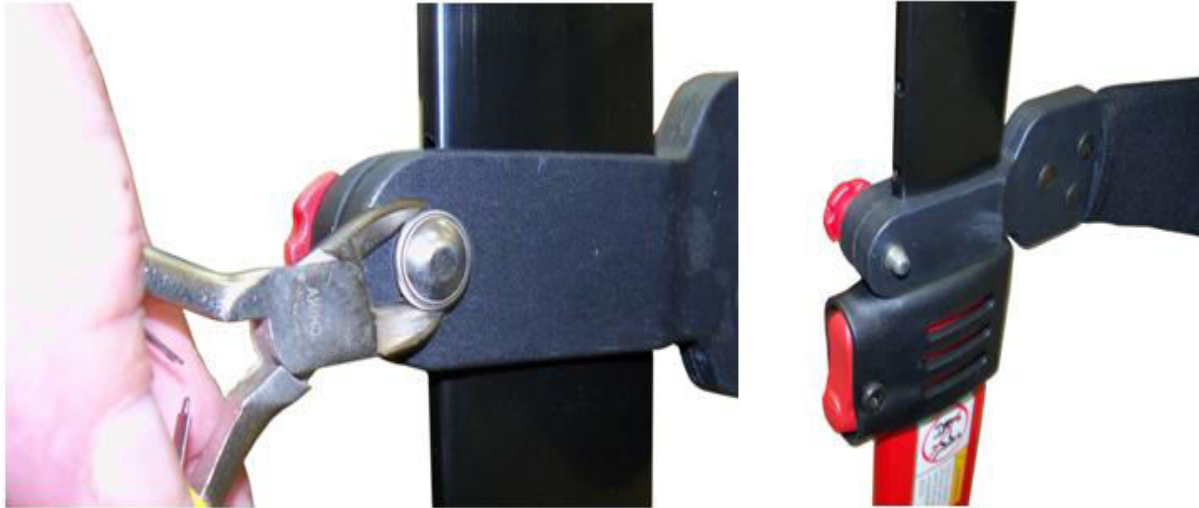


## How To Change a Back On a Nitro

1. Pry off the Tinnerman Nut at the end of the back tightening knob.



2. Unscrew the knob from the backrest clamp.



3. Push or pry the backrest clamp of the back post.



4. Repeat steps 1 to 3 for the other side.
5. Push the new backrest onto the back post.



6. Screw the backrest tightening knob all the way into the backrest clamp.



7. Push or lightly tap the Tinnerman Nut onto the end of the backrest tightening knob.



8. Repeat steps 5 to 7 for the other side.

# How to change a brake on a Nitro

There are two methods for changing a brake on a Nitro rollator. The first method requires a 4mm Allen wrench, a Phillips screw driver, duct or electrical tape and 5' of cord. The second method requires a 4mm Allen wrench, a Phillips screw driver and a long needle nose pliers.

## Method 1

- Remove the crimp fitting at the end of the brake cable.



- Loosen the cable fastener with a 4mm Allen wrench and remove.



- Remove the brake cable from the cable adjuster and spring.

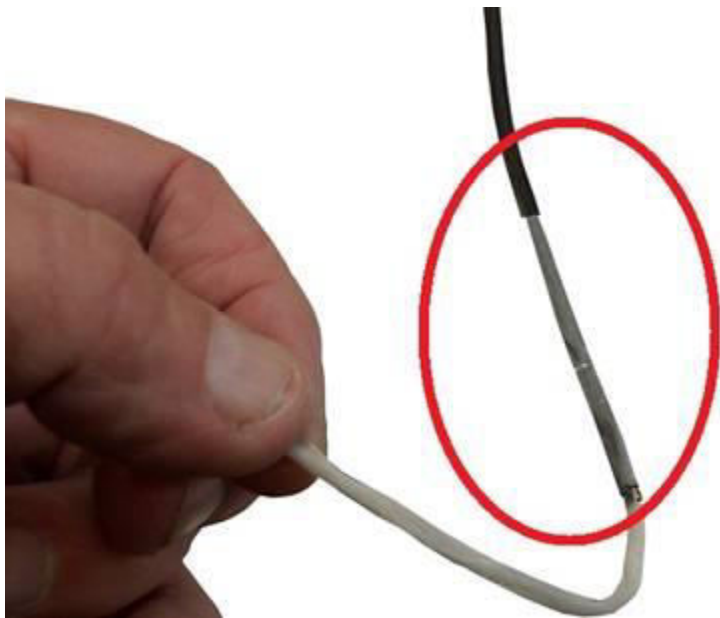


- Remove the cable from the cable guides.





- Tape a 5' length of cord to as much of the brake cable as possible. Do not tape the cord to the cable housing. Do not make the taped section wider than the cable housing.



- Grasp the handgrip and twist back and forth to remove.



- Remove the screw holding the brake handle onto the handle bar using a Phillips screw driver. Remove the brake handle.





- Remove the three screws holding the handle bar housing to the handle bar frame using a Phillips screw driver. Separate the two half's of the brake handle to remove them from the hand bar.



- Pull up on the cable and guide it through the hole in the lower frame. Continue pulling until it is out of the frame. Make sure the cord is not pulled into the frame.





- Remove the cord from the old brake and tape the cord to the cable of the new brake. Do not tape the cord to the cable housing. Do not make the taped section wider than the cable housing.



- Pull the cord until the brake cable comes through the bottom of the frame.



- Attach the handle bar housing back onto the frame. The largest of the three screws goes into the center hole.



- Slide the brake handle on to the handle housing. As the brake is slide forward pull on the brake cable coming out of the lower frame. Screw the brake handle in place.



- Slide the hand grip on to the handle bar.



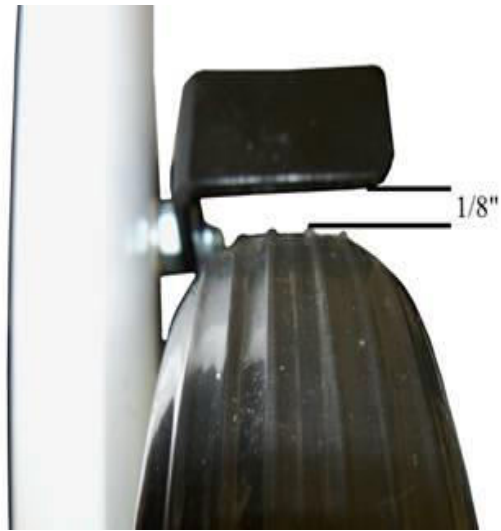
- Slide the brake cable through the two lower cable guides.



- Slide the brake cable through the cable adjuster and spring.



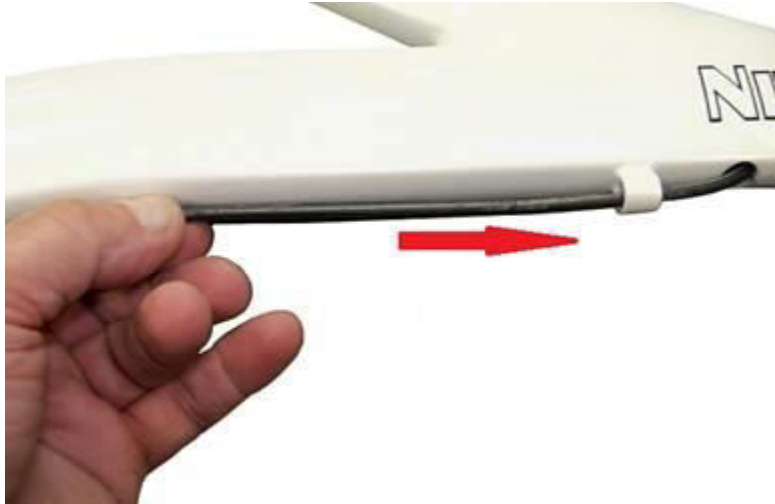
- Slide the cable fastener on to the cable until the brake blade is about 1/8" from the wheel.



- Tighten the cable fastener.



- Push any excess brake cable in to the hole in the lower frame.



- Use the cable adjuster to make any needed adjustments to the brake. If the brake can not be adjusted to engage the wheel, loosen the cable faster and reposition as needed.



## Method 2

- Remove the crimp fitting at the end of the brake cable.



- Loosen the cable fastener with a 4mm Allen wrench and remove.



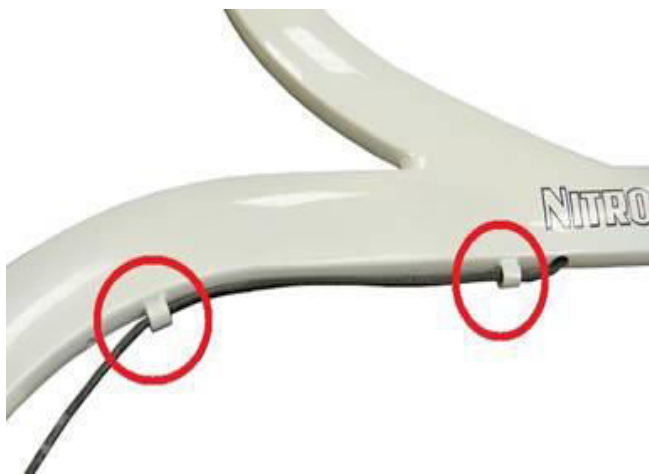




- Remove the brake cable from the cable adjuster and spring.



- Remove the cable from the cable guides.



- Grasp the handgrip and twist back and forth to remove.



- Remove the screw holding the brake handle onto the handle bar using a Phillips screw driver. Remove the brake handle.



- Remove the three screws holding the handle bar housing to the handle bar frame using a Phillips screw driver. Separate the two half's of the brake handle to remove them from the hand bar.



- Pull up on the cable and guide it through the hole in the lower frame. Continue pulling until it is out of the frame.



- Push the new brake cable down until the brake cable can be seen in the cable hole in the bottom of the frame.



- Using a long needle nose pliers grasp the brake cable through the cable hole and pull the cable out of the frame.



- Attach the handle bar housing back onto the frame. The largest of the three screws goes into the center hole.



- Slide the brake handle on to the handle housing. As the brake is slide forward pull on the brake cable coming out of the lower frame. Screw the brake handle in place.



- Slide the hand grip on to the handle bar.



- Slide the brake cable through the two lower cable guides.



- Slide the brake cable through the cable adjuster and spring.



- Slide the cable fastener on to the cable until the brake blade is about 1/8" from the wheel.

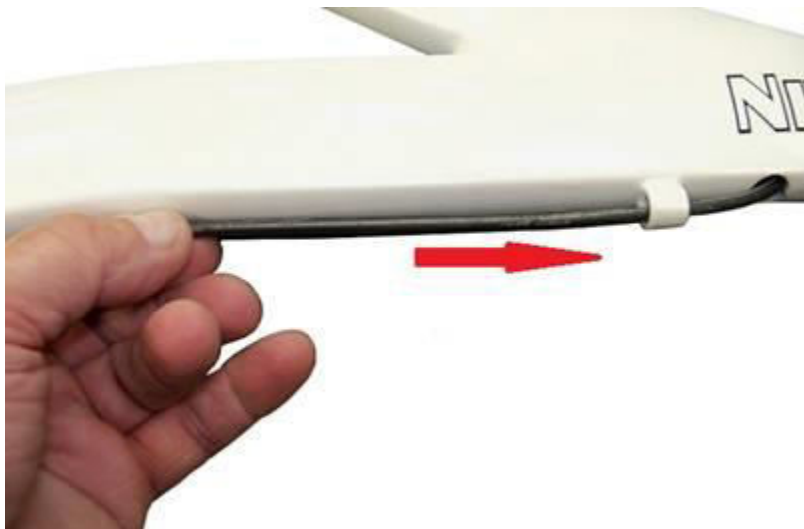




- Tighten the cable fastener.



- Push any excess brake cable in to the hole in the lower frame.



- Use the cable adjuster to make any needed adjustments to the brake. If the brake can not be adjusted to engage the wheel, loosen the cable faster and reposition as needed.

